

SUSAN GEERLINGS MD



FACIAL AESTHETICS

POST-TREATMENT INSTRUCTIONS

Solid Filler Threads

Results:

- Bruising and swelling are normal – if bruising is visible you may start taking oral Arnica and apply topical arnica cream.
- Asymmetry and irregularity of the tissues treated is not uncommon and should resolve.
- Pain at the injection site(s) is normal – this may last several days or even one week after treatment. You may occasionally also feel stinging sensation as the solid filler threads settle in, this is normal.

What you need to do:

- If you see any irregularity or puckering of the skin of the treated areas, you may gently massage those areas by gently massaging in circular motions. You may repeat this 3 to 5 times a day.
- If any of the threads are exposed or start to extrude, please contact your treatment provider.
- Avoid exercise for 24 hours.
- Avoid sleeping directly on treated areas for 48-72 hrs.
- Apply cold to swollen or bruised areas 3-4 times per day.

When to call:

- If you experience increased redness, swelling, or pain at an injection area
- If one or more of the threads begin to extrude
- If you have any questions or concerns regarding your treatment

Susan M. Geerlings MD
91 Jefferson Parkway, Ste. A
Newnan, GA 30263
Office: 770-502-0350