

SUSAN GEERLINGS MD



FACIAL AESTHETICS

POST-TREATMENT INSTRUCTIONS

BOTOX, DYSPORT OR XEOMIN NEUROTOXIN

- Do not lie down for 4 hours following your treatment.
- Avoid any massage or pressure to treatment area/s, as this may alter the placement of the drug.
- If you would like to reapply makeup, do so gently over the treatment area/s.
- Do not wear a hat or visor for 4 hours post treatment, if forehead or frown lines were treated.
- Refrain from heavy exercise for 24 hours.
- Contract and release the treated muscles every few minutes over the next hour.